

## The Barnabas Factor

### *How To Be Wind Beneath Wings*

#### Saul's Story: Part 2

Acts 9:23-31

#### Five Telling Episodes: Helping Others Fly

1. Selling a Field = **GENEROSITY**

Acts 4:36-37/ Matthew 6:21/ Luke 16:11/ Proverbs 11:26

2. Sponsoring a Former Enemy = **RADICAL FORGIVENESS**

Acts 9:26-28/ Romans 12:1-2/ Colossians 3:13

3. Defending the Right to Be Different = **ENCOURAGEMENT**

Acts 11:19-30 & 15:1-35/ Romans 14:1-15:7

4. Trading Places = **HUMILITY**

Acts 13:1-52/ Matthew 20:26-28/ 3 John 9-10

5. Offering a Second Chance = **MERCY**

Acts 15:36-40/ Matthew 7:1-3/ Matthew 18:21-35/ 2 Timothy 4:11

#### So What Does It Take To Help Others Fly?

As a parent, leader, mentor, friend?

1. Personal **SACRIFICE**

Philippians 2:3-9/ Matthew 20:26-28

2. Occasional **FAILURE**

3. Intentional **AMNESIA**

Revelation 12:10/ 1 John 2:1-2

# Food for Thought

For the week of July 5, 2020

(Questions and Scriptures for further study & discussion)

*In light of the COVID-19 pandemic, we have adjusted the Food for Thought format so the questions can be used for group discussion as well as personal study and reflection.*

## WHAT'S YOUR HIGHLIGHT?

Looking back at your notes from this week's teaching, was there anything you heard for the first time or something that caught your attention, challenged or confused you?

## WHAT'S YOUR STORY?

Have you ever been on the receiving end of someone building you up or giving you an opportunity to "fly" as Larry described in his sermon? If so, how did that help you to grow or reach a goal? If not, can you think of a time when you could have benefited from someone building you up?

## DIGGING DEEPER

1. As Larry mentioned in his message, Barnabas displayed five elements of helping others fly. These elements were instrumental in allowing Barnabas to pave the way for the ministry of Paul and the growth of the church that followed. Where do you see those five elements represented in Romans 15:1-6?

### **Romans 15:1-6 *New International Version (NIV)***

We who are strong ought to bear with the failings of the weak and not to please ourselves. <sup>2</sup> Each of us should please our neighbors for their good, to build them up. <sup>3</sup> For even Christ did not please himself but, as it is written: "The insults of those who insult you have fallen on me." <sup>4</sup> For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope. <sup>5</sup> May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had, <sup>6</sup> so that with one mind and one voice you may glorify the God and Father of our Lord Jesus Christ.

Do you see any opportunities in your life to be the wind beneath the wings of others? (i.e. children, coworkers, neighbors, friends, etc.)

What are some possible challenges that might hinder you from being able to take risks on people in order to help them "fly"?

What do the following verses tell us about the purpose and importance of building up others?

### **1 Thessalonians 5:11-14 *New International Version (NIV)***

<sup>11</sup> Therefore encourage one another and build each other up, just as in fact you are doing. <sup>12</sup> Now we ask you, brothers and sisters, to acknowledge those who work hard among you, who care for you in the Lord and who admonish you. <sup>13</sup> Hold them in the highest regard in love because of their work. Live in peace with each other. <sup>14</sup> And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone.

### **Hebrews 10:24-25 *New International Version (NIV)***

<sup>24</sup> And let us consider how we may spur one another on toward love and good deeds, <sup>25</sup> not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Can you think of a role you can play in the church that would allow you to encourage and strengthen others?

2. One of the core aspects of being an encourager like Barnabas is having humility. As you reflect on the verses below, why do you think humility is essential in order to encourage others?

**Romans 12:3-8 New International Version (NIV)**

<sup>3</sup>For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you. <sup>4</sup>For just as each of us has one body with many members, and these members do not all have the same function, <sup>5</sup>so in Christ we, though many, form one body, and each member belongs to all the others. <sup>6</sup>We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; <sup>7</sup>if it is serving, then serve; if it is teaching, then teach; <sup>8</sup>if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

**Philippians 2:1-4 New International Version (NIV)**

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, <sup>2</sup>then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. <sup>3</sup>Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, <sup>4</sup>not looking to your own interests but each of you to the interests of the others.

**Philippians 2:19-22 New International Version (NIV)**

<sup>19</sup>I hope in the Lord Jesus to send Timothy to you soon, that I also may be cheered when I receive news about you. <sup>20</sup>I have no one else like him, who will show genuine concern for your welfare. <sup>21</sup>For everyone looks out for their own interests, not those of Jesus Christ. <sup>22</sup>But you know that Timothy has proved himself, because as a son with his father he has served with me in the work of the gospel.

Can you think of a parent, leader, mentor or friend who consistently encourages others well? What qualities do they possess that line up with the key points from Larry's sermon?

Is there anything you see in that person's actions or the verses above that you can better implement in your own life?

3. What are some ways you may be able to encourage or build someone up this week?



# NORTH COAST SUMMER SERIES & CLASSES

Check out our website for updates as more details will be added in the weeks to come. [northcoastchurch.com/classes](http://northcoastchurch.com/classes)

## ***Summer Study Series***

We have three incredible virtual events lined up this summer by each of our teaching pastors! You will be able to watch these free classes as they stream at the times listed below on our Facebook page and YouTube Channel. They will also be available on our website on the dates listed below so you can view them when convenient. No registration required.

- **The Only Legacy That Really Matters: *Parenting for the Long-Haul*** with Dr. Larry Osborne, Friday, July 17 at 7pm
- **Is God Evil?** with Pastor Christopher Hilken, Friday, August 14 at 7pm
- **An Open Conversation About RACE, Part 1** with Pastor Chris Brown, now available to watch at [northcoastchurch.com/conversations](http://northcoastchurch.com/conversations)

## ***Summer Classes – Register for these classes online at [northcoastchurch.com/classes](http://northcoastchurch.com/classes)***

We are putting together a great collection of virtual classes and webinars on a variety of topics that will be offered throughout the summer. Here are some of the classes we have planned:

- **S.H.A.P.E – Helping You Discover God’s Purpose for Your Life:** Wednesday, July 8
- **Finding Balance through COVID and Everyday Life:** Monday, July 13
- **Parents of Young Kids Parenting through Pandemic:** Wednesday, July 22
- **Parents of Teens Parenting through Pandemic:** Thursday, July 23
- **Self-Leadership:** Thursday, August 6

*Check our website for more details on classes.*



## ***Summer Connection Intro Life Groups***

New to North Coast or never been in a Life Group? Curious what being part of a Life Group is all about? Summer Connection Intro Life Groups will start **Thursday, July 9** and meet for three weeks. This is a great opportunity to find out what Life Groups are like with minimum commitment. Register at [northcoastchurch.com/classes](http://northcoastchurch.com/classes)