

Learning to Love the Law Again

Psalm 1:

“Blessed is the one

who does not walk in step with the wicked

or stand in the way that sinners take

or sit in the company of mockers,

² but whose delight is in the law of the LORD,

and who meditates on his law day and night.

³ That person is like a tree planted by streams of water,

which yields its fruit in season

and whose leaf does not wither—

whatever they do prospers.

⁴ Not so the wicked!

They are like chaff

that the wind blows away.

⁵ Therefore the wicked will not stand in the judgment,

nor sinners in the assembly of the righteous.

⁶ For the LORD watches over the way of the righteous,

but the way of the wicked leads to destruction.”

Taking it home:

Food for Thought for the week of December 30, 2018

(Questions and Scriptures for further study)

The longest chapter in the Bible is Psalm 119 which was written by King David. Almost all of the 176 verses talk about the important role God's Word plays in how we grow in our faith. What do you see in the following verses from Psalm 119 that could help motivate you to spend more time interacting with God's Word?

Psalm 119:1-8

- ¹ Blessed are those whose ways are blameless,
who walk according to the law of the Lord.
- ² Blessed are those who keep his statutes
and seek him with all their heart—
- ³ they do no wrong
but follow his ways.
- ⁴ You have laid down precepts
that are to be fully obeyed.
- ⁵ Oh, that my ways were steadfast
in obeying your decrees!
- ⁶ Then I would not be put to shame
when I consider all your commands.
- ⁷ I will praise you with an upright heart
as I learn your righteous laws.
- ⁸ I will obey your decrees;
do not utterly forsake me.

Psalm 119:9-16

- ⁹ How can a young person stay on the path of purity?
By living according to your word.
- ¹⁰ I seek you with all my heart;
do not let me stray from your commands.
- ¹¹ I have hidden your word in my heart
that I might not sin against you.
- ¹² Praise be to you, Lord;
teach me your decrees.
- ¹³ With my lips I recount
all the laws that come from your mouth.
- ¹⁴ I rejoice in following your statutes
as one rejoices in great riches.
- ¹⁵ I meditate on your precepts
and consider your ways.
- ¹⁶ I delight in your decrees;
I will not neglect your word.

Psalm 119:49-56

- ⁴⁹ Remember your word to your servant,
for you have given me hope.
- ⁵⁰ My comfort in my suffering is this:
Your promise preserves my life.
- ⁵¹ The arrogant mock me unmercifully,
but I do not turn from your law.
- ⁵² I remember, Lord, your ancient laws,
and I find comfort in them.

- 53 Indignation grips me because of the wicked,
who have forsaken your law.
- 54 Your decrees are the theme of my song
wherever I lodge.
- 55 In the night, Lord, I remember your name,
that I may keep your law.
- 56 This has been my practice:
I obey your precepts.

Psalm 119:65-72

- 65 Do good to your servant
according to your word, Lord.
- 66 Teach me knowledge and good judgment,
for I trust your commands.
- 67 Before I was afflicted I went astray,
but now I obey your word.
- 68 You are good, and what you do is good;
teach me your decrees.
- 69 Though the arrogant have smeared me with lies,
I keep your precepts with all my heart.
- 70 Their hearts are callous and unfeeling,
but I delight in your law.
- 71 It was good for me to be afflicted
so that I might learn your decrees.
- 72 The law from your mouth is more precious to me
than thousands of pieces of silver and gold.

Looking back at what you wrote, are there any actions or attitudes you might want to consider when it comes to keeping Scripture an active part of your life?

What challenges do you face when it comes to spending time reading or listening to the Bible?

RESOURCES

Here are some websites and tools to help you grow in your desire and ability to study the Bible:

- **Daily Dose** – northcoastchurch.com/daily or text the keyword “daily” to 51400
- **Wayne Cordeiro** – [SOAP \(Scripture, Observation, Application, Prayer\)](#)
- **Seven Minutes with God** -- navigators.org
- **Online Bible and Bible study tools:**
 - Biblegateway.com, Blueletterbible.org, Biblehub.com
- **Phone Apps:**
 - [YouVersion Bible App](#), [TecartaBible](#) (NIV), [Olive Tree Bible App](#), [First Five by Proverbs 31 Ministries](#)

Take a moment to evaluate the level of attention you’ve been giving the Bible and how you’re getting it into your life regularly. Are there any changes you need to make?