

The Power Of Speech Part 1 & 2

The Impact Of Our Words:

Proverbs 10:19 11:12 12:18 13:3 15:1-2 15:23 18:21 21:23 22:10 25:18-19 29:20

Three Ways To Sink A Ship:

(1) Having loose **LIPS**:

- **LYING**

Proverbs 6:16-19 10:18 12:17-22 20:17 21:6 26:24-28

- **GOSSIP**

Proverbs 6:16-19 10:18 11:9 16:27-28 17:4 18:8 19:5 20:19,
25:9-10 26:20-22

- **IMPURITY**

Proverbs 4:24 6:12-15 10:31-32 15:4 17:20 19:1

(2) Having a loose **CANNON**:

Proverbs 12:16-18 15:18 15:28 16:32 18:7 25:28 29:11

- Anger is not **A SIN**, but what we do with it **MAY BE**.

(3) Carrying too much **OLD BAGGAGE**:

Proverbs 17:9 19:11 21:19 25:24 27:15-16

- If the **PAST** is our **PRESENT** we'll never have a **FUTURE**.

Getting To The Heart Of The Matter:

Proverbs 4:23 27:19 Matthew 12:34 Luke 6:45

Food for Thought for the week of August 16, 2015

(Questions and Scriptures for further study)

1. This weekend we took a look at anger and its impact. Take a few minutes to think about what triggers your anger and make a short list of some of your “hot buttons.”

2. Sometimes we fall into the trap of thinking love and anger are opposites and can't co-exist. What does Psalm 106:34-45 tell us about anger and love co-existing within a relationship?

Psalm 106:34-45

³⁴ They did not destroy the peoples
as the LORD had commanded them,
³⁵ but they mingled with the nations
and adopted their customs.
³⁶ They worshiped their idols,
which became a snare to them.
³⁷ They sacrificed their sons
and their daughters to false gods.
³⁸ They shed innocent blood,
the blood of their sons and daughters,
whom they sacrificed to the idols of Canaan,
and the land was desecrated by their blood.
³⁹ They defiled themselves by what they did;
by their deeds they prostituted themselves.
⁴⁰ Therefore the LORD was angry with his people
and abhorred his inheritance.
⁴¹ He gave them into the hands of the nations,
and their foes ruled over them.
⁴² Their enemies oppressed them
and subjected them to their power.
⁴³ Many times he delivered them,
but they were bent on rebellion
and they wasted away in their sin.
⁴⁴ Yet he took note of their distress
when he heard their cry;
⁴⁵ for their sake he remembered his covenant
and out of his great love he relented. *[NIV]*

3. Pastor Chris made it clear that anger itself is not a sin and that the way we deal with this powerful emotion is very important. How could the following passages help you deal with anger or rage?

Romans 12:17-21

¹⁷ Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. ¹⁸ If it is possible, as far as it depends on you, live at peace with everyone. ¹⁹ Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord. ²⁰ On the contrary:

“If your enemy is hungry, feed him;
if he is thirsty, give him something to drink.
In doing this, you will heap burning coals on his head.”

²¹ Do not be overcome by evil, but overcome evil with good. *[NIV]*

Ephesians 4:22-27

²² You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; ²³ to be made new in the attitude of your minds; ²⁴ and to put on the new self, created to be like God in true righteousness and holiness.

²⁵ Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. ²⁶ “In your anger do not sin”: Do not let the sun go down while you are still angry, ²⁷ and do not give the devil a foothold. *[NIV]*

Philippians 2:3-8

³ Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, ⁴ not looking to your own interests but each of you to the interests of the others.

⁵ In your relationships with one another, have the same mindset as Christ Jesus:

⁶ Who, being in very nature God,
did not consider equality with God something to be used to his own advantage;

⁷ rather, he made himself nothing
by taking the very nature of a servant,
being made in human likeness.

⁸ And being found in appearance as a man,
he humbled himself
by becoming obedient to death—
even death on a cross! *[NIV]*

Colossians 3:5-10

⁵ Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. ⁶ Because of these, the wrath of God is coming. ⁷ You used to walk in these ways, in the life you once lived. ⁸ But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. ⁹ Do not lie to each other, since you have taken off your old self with its practices ¹⁰ and have put on the new self, which is being renewed in knowledge in the image of its Creator. *[NIV]*

James 1:19-25

Listening and Doing

¹⁹ My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ because human anger does not produce the righteousness that God desires. ²¹ Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

²² Do not merely listen to the word, and so deceive yourselves. Do what it says. ²³ Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror ²⁴ and, after looking at himself, goes away and immediately forgets what he

looks like. ²⁵ But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do. *[NIV]*

4. Anger can get the best of all of us. When angry, a natural reaction is to want to retaliate, get even or seek justice. How could the following verses help someone understand what they can gain by letting go of anger?

Ephesians 4:29

²⁹ Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. *[NIV]*

Isaiah 30:18

¹⁸ Yet the LORD longs to be gracious to you;
therefore he will rise up to show you compassion.

For the LORD is a God of justice.

Blessed are all who wait for him! *[NIV]*

Luke 6:37

Judging Others

³⁷ “Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven. *[NIV]*

SEEKING GODLY WISDOM / Proverbs Daily Reading Plan:

Read the chapter that corresponds to the day of the month and consider these questions:

- ⇒ What applies to me today?
- ⇒ Where have I seen this in others?
- ⇒ Where have I experienced this?

Go to this link for more info: <http://www.northcoastchurch.com/proverbs-reading-plan>