

Food for Thought

For the week of July 20, 2014

(Questions and Scriptures for further personal study)

This week we heard about the power and influence our words can have for the good or the bad. Fortunately for us, God has given us countless references throughout the Bible to help us understand how to use our words to be productive instead of destructive. Read each of the references in Proverbs below and jot down what each one says about the power of our words.

Proverbs 10:19

Proverbs 11:12

Proverbs 12:6

Proverbs 12:18

Proverbs 12:19

Proverbs 12:25

Proverbs 15:1

Proverbs 15:2

Proverbs 15:23

Proverbs 15:26

Proverbs 16:24

Proverbs 17:4

Proverbs 17:5

Proverbs 18:4

Proverbs 18:21

Proverbs 21:6

Proverbs 22:10

Proverbs 23:9

Proverbs 26:20

Proverbs 26:28

Looking back at what you wrote above, pick out seven verses that are important for you to remember. Take a moment and pray through each verse asking God to help you put it into practice.

Bonus Suggestion: Assign one of your seven verses to each day of the following week. Figure out how you'll remind yourself to read it that day at least once (reminder ideas – post it on the bathroom mirror, calendar reminder, etc). Say a quick prayer after you read it and ask God to help you put it into action.

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Proverbs 10:19

19 Sin is not ended by multiplying words,
but the prudent hold their tongues. [NIV]

Proverbs 11:12

12 Whoever derides their neighbor has no sense,
but the one who has understanding holds their tongue. [NIV]

Proverbs 12:6

6 The words of the wicked lie in wait for blood,
but the speech of the upright rescues them. [NIV]

Proverbs 12:18

18 The words of the reckless pierce like swords,
but the tongue of the wise brings healing. [NIV]

Proverbs 12:25

25 Anxiety weighs down the heart,
but a kind word cheers it up. [NIV]

Proverbs 15:1

1 A gentle answer turns away wrath,
but a harsh word stirs up anger. [NIV]

Proverbs 15:2

2 The tongue of the wise adorns knowledge,
but the mouth of the fool gushes folly. [NIV]

Proverbs 15:23

23 A person finds joy in giving an apt reply—
and how good is a timely word! [NIV]

Proverbs 15:26

26 The Lord detests the thoughts of the wicked,
but gracious words are pure in his sight. [NIV]

Proverbs 16:24

24 Gracious words are a honeycomb,
sweet to the soul and healing to the bones. [NIV]

Proverbs 17:4

4 A wicked person listens to deceitful lips;
a liar pays attention to a destructive tongue. [NIV]

Proverbs 17:5

5 Whoever mocks the poor shows contempt for their Maker;

whoever gloats over disaster will not go unpunished. [NIV]

Proverbs 18:4

4 The words of the mouth are deep waters,
but the fountain of wisdom is a rushing stream. [NIV]

Proverbs 18:21

21 The tongue has the power of life and death,
and those who love it will eat its fruit. [NIV]

Proverbs 21:6

6 A fortune made by a lying tongue
is a fleeting vapor and a deadly snare. [NIV]

Proverbs 22:10

10 Drive out the mocker, and out goes strife;
quarrels and insults are ended. [NIV]

Proverbs 23:9

Saying 10

9 Do not speak to fools,
for they will scorn your prudent words. [NIV]

Proverbs 26:20

20 Without wood a fire goes out;
without a gossip a quarrel dies down. [NIV]

Proverbs 26:28

28 A lying tongue hates those it hurts,
and a flattering mouth works ruin. [NIV]

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