

# **SPIRITUAL REHAB**

## **Getting Healthy and Staying Healthy**

### **The Diagnosis: who, why, what and how**

Joshua 1:1-9

### **WARNING: Following God closely may lead to symptoms of**

Joshua 1:1-9, 5:13-15, 6:1-19

- ✓ Feeling like God **doesn't care**.
- ✓ Feeling **weak**.
- ✓ Feeling **fear**.
- ✓ Feeling **discouraged**.
- ✓ Feeling **clueless**.

### **The Treatment:**

Joshua 1:1-9, 6:1-19, 7:19-26, Galatians 6:7-10, Hebrews 11:1-2

- ① Walk by **faith**, not **feelings**.
- ② Walk in God's **promises**, not my **problems**.
- ③ Walk **away** from what's taking me **away**.
- ④ Just keep on walking when **symptoms persist**.

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### **The Diagnosis: who, why, what and how**

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### **WARNING: Following God closely may lead to symptoms of...**

Joshua 1:1-9, 5:13- 6:1-19

- ✓ Feeling like God \_\_\_\_\_.
- ✓ Feeling \_\_\_\_\_.
- ✓ Feeling \_\_\_\_\_.
- ✓ Feeling \_\_\_\_\_.
- ✓ Feeling \_\_\_\_\_.

### **The Treatment:**

Joshua 1:1-9, 6:1-19, 7:19-26, Galatians 6:7-10, Hebrews 11:1-2

- ① Walk by \_\_\_\_\_, not \_\_\_\_\_.
- ② Walk in God's \_\_\_\_\_, not my \_\_\_\_\_.
- ③ Walk \_\_\_\_\_ from what's taking me \_\_\_\_\_.
- ④ Just keep on walking when \_\_\_\_\_.