

## ***How Holding On Keeps Us From Moving On***

### **JACOB: A Man Defined By His Pain & His Loss**

Genesis 43:1-14

### **WHEN TRAGEDY STRIKES Three Questions To Ask**

#### **(1) Why did this happen?**

*The question everybody asks*

Was it **self-inflicted**?

2 Samuel 12:1-25/ Deuteronomy 28:15-68

Was I caught in the **backwash of someone else's sin**?

Genesis 4:1-8/ Joshua 7:1-26

Was it to serve a **larger purpose**? (Job & Joseph)

Genesis 45:4-11/ Job 1-2

#### **(2) What should I do now?**

*The question we all need to ask*

Embrace the **pain & grief**

Psalm 22:1-18 & Matthew 27:46/ Romans 12:15

Embrace your **blessings**

1 Thessalonians 5:18/ Philippians 4:6-8

Embrace your **new normal**

Joseph's example (Genesis 37-50)/ Philippians 4:12-13/ 1 Corinthians 7:17, 20 & 24

#### **(3) How can I move on?**

*The question some people never ask*

We have to **quit picking at the scab**

We have to **trade fear for faith**

2 Timothy 1:7/ Hebrews 11:6

We have to let our **"Benjamin" go**

Genesis 43:13-14/ 1 Peter 4:19

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*The question everybody asks*

Was it \_\_\_\_\_ ?

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Was I caught in the \_\_\_\_\_ ?

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We have to \_\_\_\_\_

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We have to let our \_\_\_\_\_

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